



Certification Level 1

Course: Rule Knowledge



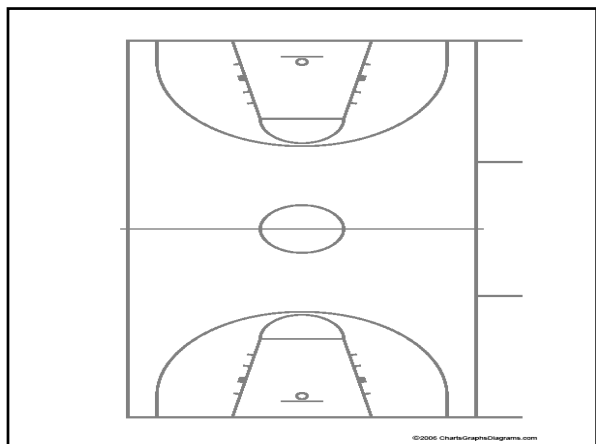
Rule 1 – The Game

- Number of players
- Baskets



Rule 2 – Playing Court

- Front court/back court
- Boundary lines
 - Centre line and circle
 - Free throw lines, restricted area, lane spaces
 - 3 point field goal area
 - Team bench areas



Rule 3 – Teams

- Definition
 - Player
 - Substitute
- Uniforms
- Player's equipment
- Player's injury
- Coaches
 - Duties and powers



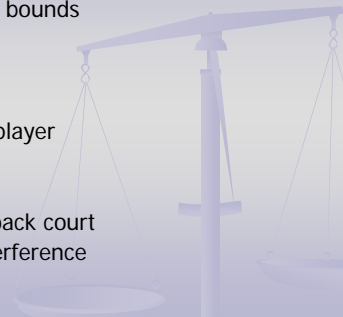
Rule 4 – Playing regulations

- Playing time
- Interval of play
- Status of the ball
 - Live ball
 - Dead ball
- Location of the player
- Jump ball/Alternating possession
- Team control/Player control
- Player in the act of shooting
- Time out
- Substitutions



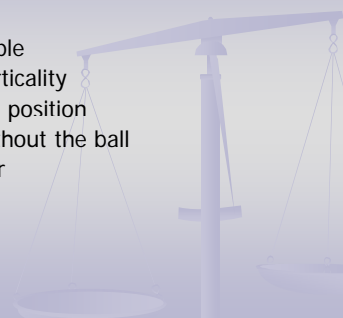
Rule 5 - Violations

- Player/Ball out of bounds
- Dribbling
- Travelling
- 3 Seconds
- Closely guarded player
- 8 seconds
- 24 seconds
- Ball returned to back court
- Goal tending/Interference



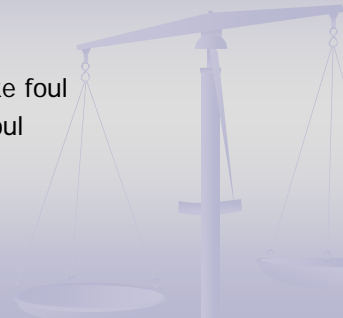
Rule 6 - Fouls

- Contact
 - Cylinder principle
 - Principle of verticality
 - Legal guarding position
 - Player with/without the ball
 - Airborne player
 - Screening
 - Block/Charge
 - Post Play



Rule 6 – Fouls

- Personal foul
- Double foul
- Unsportsmanlike foul
- Disqualifying foul
- Technical foul



Rule 7 – General Provisions

- Player fouls
 - 5 fouls
- Team fouls
 - 5 fouls in a period
- Special situations
- Free throws
- Correctable errors