

Post Play

A. Definition of a Post Player

- Defensive or offensive player
- With or without the ball
- Generally in or near the restricted area
- Generally with their back to the basket
- Generally will be the lead's most competitive match-up

B. Keys to officiating post play

- In transition
 - get down court quickly to identify the post players and be in position to officiate
- See the first contact
- Referee the defense
- Good rotations

C. Lead official triggers

- Dislodging an opponent
- Displacing an opponent
- Dispossessing an opponent

D. Contact by Post Players

- Legal contact
 - Arm bar
 - Both players maintaining their position
- Illegal contact
 - Extended arm bar – displacing an opponent
 - Locked or extended elbow
 - Leg or knee used to hold or displace

E. Post Player backing down an opponent or backing in

- Determine who is at fault
 - Does the defender have a firm defensive position?
 - Does the offensive player dislodge or displace the defender?
 - Does the defender “bang back” rather than hold their firm position?

F. Bumping /chucking/pushing

- Defender uses body contact to dislodge an offensive player off their path
- Defender raises their forearm to re-route a player moving through the restricted area
- Offense pushes off defense to create space to receive a lob pass

G. Hooking/Holding/Arm wraps

- Offense extending a free arm to prevent the defender from fronting
- Offense or Defense wraps their arms around the back/waist of the opposing player
- Swim stroke

H. Additional guidelines

- Ignore the ball and focus on contact
- The best calls are made on illegal moves w/o the ball
- Defenders using a hand check to control the offensive player
- Observe undercutting by post defenders on the shooter
- Post play calls can set the tone for the game
- Get them early or they will lead to rough play
- Freedom of movement is desired